



North Austin Tae Kwon Do
8.5th Gup Orange Belt Exam

Name: _____ Date of Birth: _____

Techniques	Reps	Score
(FtS) Offensive Front Kick	3	
(FtS) Offensive Round House Kick	3	
(FtS) Offensive Side Kick	3	
(FtS) Knife Hand	3	
(FtS) Palm Strike	3	
Forms (Basic Blocks)	Reps	Score
Chon-Ji	3-3	
Sudo	3-3	
Yak Jeen	3-3	
Self-Defense	Reps	Score
SD-5 Back Choke (Wrap)	N/A	
SD-6 Front Choke (Crush Elbows)	N/A	
Sparring	Reps	Score
One Step Sparring 1-2	N/A	
Academic Knowledge	Reps	Score
Overall Academic Knowledge	N/A	
Breaking	Reps	Score
Green Board, Palm Strike	N/A	

* Scale: 1- Fail, 2 - Needs Improvement, 3 - Satisfactory, 4 - Very Good, 5 - Exceptional

Results: _____

Evaluator:

Chief Instructor:

Printed Name & Rank

Jason E. Thomas, 5th Dan

Printed Name & Rank

Signature

Date

Jason E. Thomas

Signature



Date