



**North Austin Tae Kwon Do**  
**8<sup>th</sup> Gup Sr. Orange Belt Exam**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Techniques	Reps	Score
(FtS) Offensive Front Kick	3	
(FtS) Offensive Round House Kick	3	
(FtS) Offensive Side Kick	3	
(FtS) Turning Back Kick	3	
(FtS) Ridge Hand	3	
Form(s)	Reps	Score
Dan-Gun	N/A	
Self-Defense	Reps	Score
SD-7 Full Nelson (Tickle/Finger Grab)	N/A	
SD-8 Bear Hug (Drop/Double Elbow)	N/A	
Sparring	Reps	Score
One Step Sparring 3-4	N/A	
Academic Knowledge	Reps	Score
Overall Academic Knowledge	N/A	
Breaking	Reps	Score
One Board Any Hand Strike	N/A	

\* Scale: 1- Fail, 2 - Needs Improvement, 3 - Satisfactory, 4 - Very Good, 5 - Exceptional

Results: \_\_\_\_\_

**Evaluator:**

**Chief Instructor:**

\_\_\_\_\_  
 Printed Name & Rank

Jason E. Thomas, 5<sup>th</sup> Dan

\_\_\_\_\_  
 Printed Name & Rank

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Date

*Jason E. Thomas*  
 Signature



\_\_\_\_\_  
 Date