



North Austin Tae Kwon Do
9.5 Gup Yellow Belt Exam

Name: _____ Date of Birth: _____

| Techniques | Reps | Score |
|----------------------------------|------|-------|
| (HS) Middle Punch | 5 | |
| (FS) Reverse Punch, Face | 5 | |
| (FtS) Offensive Front Kick | 3 | |
| (FtS) Offensive Round House Kick | 3 | |
| Forms (Basic Blocks) | Reps | Score |
| Ju Don Jon Jeon | 3-3 | |
| Hadan Marki | 3-3 | |
| Song Sue | 3-3 | |
| Arb Chiji | 3-3 | |
| Chukiyo Marki | 3-3 | |
| 10 Step Movement | 1 | |
| Self-Defense | Reps | Score |
| SD-1 Front Choke (X) | N/A | |
| SD-2 Front Choke (Up and Over) | N/A | |
| Academic Knowledge | Reps | Score |
| Overall Academic Knowledge | N/A | |
| Breaking | Reps | Score |
| Green Board, hammer fist | N/A | |

* Scale: 1- Fail, 2 - Needs Improvement, 3 - Satisfactory, 4 - Very Good, 5 - Exceptional

Results: _____

| Comments |
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Evaluator:


Chief Instructor:

 Printed Name & Rank

Jason E. Thomas, 5th Dan
 Printed Name & Rank

 Signature

 Date

Signature  Date